

Going Through the Motions

[Intro – Chant / Hook]

Are you just going through the motions?
Going through the motions, yeah
Are you looking for Jesus
But walking the wrong way?

Are you just going through the motions?
Going through the motions, yeah
Are you talking about God
But never talking to the Father in Jesus name

[Verse 1]

Are you just
Going through the motions?
Or are you
Walking in a way that pleases God?

Are you just
Going through the motions?
Or are you
Putting all your trust in the Holy One?

Are you showing up on holy days
Made by the hands of men?
Then going home the same old way
And doing it all again?

Are you saying all the right words
But your heart is far away?
Are you looking for the Kingdom
But forgetting how to pray?

[Pre-Chorus]

Christ came to show us the Father
Christ came to open the door
He said ask the Father in My name
And you will receive much more

So don't just call it religion
Don't just play the part
Come to the Father through Jesus Christ
And give Him all your heart

[Chorus]

Going through the motions
Going through the motions
Going through the motions, yeah, I say

Going Through the Motions

Going through the motions
But not finding Jesus
Going through the motions
And walking the wrong way

Don't just be a weekend Christian
Never finding your way to Christ
Don't turn your back on the Father
Every single day of your life

Going through the motions
Going through the motions
Going through the motions the wrong way

[Verse 2]

By faith you will make it through
The darkest of days
The love of God will get you through
When you believe and trust His ways

No matter how hard you try
You will never be perfect
But when you fall down on your face
He will lift you because you trust Him

He will comfort you because you believe in Him
He will help you stand again
He will wash you through the holy blood
Of Jesus Christ, His Son

So don't keep walking empty
Don't keep acting like you know
When the Father's calling out to you
And He's waiting for you to come home

[Chorus]

Going through the motions
Going through the motions
Going through the motions, yeah, I say

Going through the motions
But not finding Jesus
Going through the motions
And walking the wrong way

Don't just be a weekend Christian
Never finding your way to Christ
Don't turn your back on the Father
Every single day of your life

Going Through the Motions

Going through the motions
Going through the motions
Going through the motions the wrong way

[Rap-Rock Bridge]

Going through the motions
Going the way you think
Going through the motions
Going the way you act

Going through the motions
And never knowing Jesus Christ
Going through the motions
Repent now and never look back

You can sing in the building
But still be lost inside
You can say that you believe
But never let your old ways die

You can know about the Savior
And still not know His voice
You can hear about the Father
And still never make the choice

But the good news is calling
And mercy still remains
The Father gave His only Son
So we could live again

[Breakdown – Half-Time]

Are you just going through the motions?
Or are you ready now to change?
Are you just going through the motions?
Or will you call upon His name?

Jesus came to bring us to the Father
Jesus came to make us clean
Jesus died so we could be forgiven
And stand before the King

[Verse 3]

And if you truly believe
In the Son of God
And that He died
For all your sins

Then you must really want
To do your best to please Him

Going Through the Motions

And always walk in a way
That leads you straight to Him

Put all your trust in the Father
Through the blood of Jesus Christ
He will give you mercy now
And everlasting life

No more empty religion
No more pretending you're fine
No more running from the Father
When He's calling you inside

[Final Chorus – Big / Hopeful]
Stop going through the motions
Start walking with the Father
Stop going through the motions
Start following the Son

Stop going through the motions
Start trusting in His mercy
Stop going through the motions
Your new life has begun

Don't just be a weekend Christian
Come and give Him all your life
Come to the Father through Jesus
Come through the blood of Christ

Stop going through the motions
Start walking in devotion
Stop going through the motions
And never turn back again

[Outro – Repeat / Fade]
Are you just going through the motions?
Going through the motions, yeah
Are you looking for Jesus
But walking the wrong way?

Come to the Father through Jesus
Come through the blood of Christ
Stop going through the motions
And receive eternal life